



### **IGA**

Open: Monday- Sunday

7am-8am SENIORS/IMMUNE COMPROMISED HOURS

CLOSING AT 8PM INSTEAD OF 9PM

\*\*\*Trucks come 5 days a week. There is no need to panic buy or hoard.

### **CNP HOMECEK**

FOR GROCERY DELIVERY SERVICES PLEASE CALL CNP HOMECEK AT 403-563-8466

### **GROCERY BOXES BY COUNTRY ENCOUNTERS**

Mondays & Thursdays

\$37/ box or **donate a box to the food bank for \$20**

Call Dawn at 403-563-5299

### **BREAD**

Black Rock Pizza- 403-753-2222

Connected Cuppas- Every Friday 1-250-254-0434

Cherry on Top- 403- 753-2245

### **MEAT PACKAGES**

Frida- 403-393-6489

Back Country Butchering- 403-628-2686

### **PASS BEVERAGES**

Offering to place orders for meat, flour, sugar, rice, etc.

403-562-8585

### **PHARMACY'S**

#### **I.D.A. Rx Drug Mart**

403-562-2725

OPEN: Monday-Friday until 7 PM. Saturday 9am-6pm and Sunday 12pm-5pm.

*Offering free delivery, doesn't matter what it is (example shampoo and conditioner)*

#### **Turtle Mountain Pharmacy**

403-562-8345

OPEN: 9am-5pm Monday- Friday

#### **Coleman Remedy's RX**

403-563-3242

OPEN: Monday- Friday 9am- 6pm, Saturday 10am- 4pm and closed Sundays

*Free delivery*

### **CROWSNET DENTAL**

Open for Dental Emergency only

10am - 2pm

Depending on the need, possibly longer.

\*\*\* Please call first 403-562-2236

### **FOOD BANK**

-Donate a good food box for \$20. Call Dawn at 403-563-5299

-To donate monetary go to [www.canadahelps.org](http://www.canadahelps.org)

-Drop off food Monday or Wednesday between 3 and 6. Knock of the back door and a volunteer will bring the food inside

- If you are needing assistance please call 403-564-5110. Proof of residency is required.

### **POST OFFICE**

Hours are 10am-4pm Monday-Friday.

